**Practicum Site Information Sheet**

**Name of Site:**

New Leaf Psychology Centre

**Contact Person:**

Dr. Sherry Van Blyderveen, Ph.D., Clinical Director

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**Phone:**

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**Address:**

400 Main Street East, Suite 210, Milton, Ontario, L7M 3G3

260 Holiday Inn Drive, Suite 9, Cambridge, Ontario, N3C 4E8

**Type of Practicum Offered:**

Child \_\_\_\_ Adult \_\_\_\_ Both X

Assessment \_\_\_\_ Intervention \_\_\_\_ Both X

**General Information:**

New Leaf Psychology Centre is a private practice located at 400 Main Street East, Suite 210, in Milton, Ontario, which is easily accessible from Brampton, Mississauga, Oakville, Burlington and Guelph. We have a secondary location at 260 Holiday Inn Drive, Suite 9, Cambridge, Ontario, which is easily accessible from Waterloo, Kitchener, Guelph and Brantford. Associates with New Leaf Psychology Centre provide assessment and treatment services across the lifespan, from early childhood through to adulthood. Treatment services are offered in individual, family, couple, and group formats. Assessment services include psychoeducational, developmental, giftedness, psychological, and rehabilitation (WSIB) assessments. In the provision of assessment, we work with family, physicians, and schools, in Halton, Peel, Wellington, Waterloo, and Hamilton, to ensure comprehensive and thorough reports, with detailed recommendations.

Our team consists of Psychologists, Psychological Associates, Psychometrists, Executive Functioning Coaches, and Educational Consultants. Our associates have expertise in a wide range of presenting problems and related evidence-based interventions.

**Practicum Rotations:**

The following therapy-based rotations are available from September 2025 through April 2026 (2.5-3 days/week), while the assessment rotation is available May through August 2025 (5 days/week) OR September 2025 through April 2026 (2.5-3 days/week).

CBT & DBT Stream/Rotation:

The student’s primary role will be to provide individual therapy. Depending on their clients’ needs, students will work with specific CBT treatment protocols for a range of diagnoses (e.g., GAD, PTSD, OCD, etc.) and/or take a DBT approach. Students will also co-facilitate our DBT Skills Group for Adults or our Multifamily DBT Skills Group for Youth.

*This rotation is available for both child/youth and adult populations.*

EFT & EFT for Couples Stream/Rotation:

Students will provide both individual and couples’ therapy. A process-experiential approach will be taken with individual clients who present with depressed mood and/or interpersonal difficulties, and with couples who present with relational distress.

*This rotation is available for adult and couple populations.*

Assessment Rotation:

Students will have the opportunity to assist clinical and school psychologists in the administration of psychological, developmental, cognitive, psychoeducational, and giftedness assessments. Supervision and training will be provided in the administration, scoring, and interpretation of psychological tests and questionnaires, conducting collateral interviews with family and/or school personnel, and the preparation of psychological assessment reports. Students will gain experience working with a variety of assessment tools (WISC, WAIS, WRAML, WIAT, RCFT, CPT/CATA, CTOP, CELF, ADOS) and measures (BRIEF, Connors, BASC, PAI-A, MASC, ADRI). Shadowing of Literacy and ADHD coaches is available.

A developmental model of training is taken. Based on the student’s previous experiences, the rotation will begin by observing the intake, assessment, and feedback sessions, with the student taking on responsibility for increasingly larger portions of the assessment process as the placement progresses.

*This rotation is available for child/youth populations.*

**Keywords**: Individual therapy, group therapy, assessment, psychoeducational assessments, CBT, EFT, DBT, CPT, OCD, Borderline Personality Disorder, PTSD, Anxiety Disorders, Mood Disorders, Couples’ Therapy

**Training/Research Opportunities:**

In addition to weekly individual supervision, practicum students will be expected to participate in weekly training specific to their rotation (e.g., 2-hour DBT seminar course and DBT consultation group; 1 hour CBT or EFT seminar course). Additional external training is also provided (workshops specific to CBT, EFT or DBT). Additional supervision is provided before and after each DBT skills group. Supervisors also provide consultation on as needed basis between formal supervision sessions.

**Practicum Application Deadline:**

February 1, 2026. Interviews will occur throughout the month of February.

**Application Procedure:**

Interested applicants are asked to email a cover letter, their CV, and two letters of reference to [info@newleafpsychology.ca](mailto:info@newleafpsychology.ca) with “Graduate Student Practicum Placement Application” in the subject line.

In the cover letter be sure to specify your interests (child, adult, and/or couples; assessment and/or intervention; DBT & CBT and/or EFT & EFT Couples).

*Last Updated: November 10, 2025*